



White Wine Vinaigrette



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



6

CALORIES



119 kcal

SIDE DISH

Ingredients

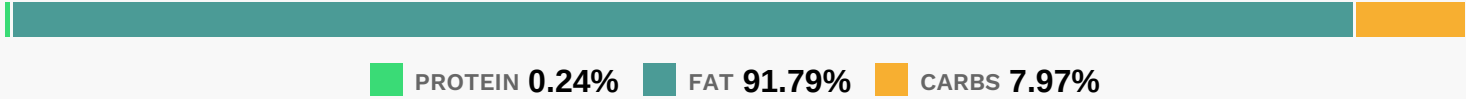
- ☐ 2 cloves garlic minced
- ☐ 1 pinch ground pepper black
- ☐ 0.5 teaspoon salt
- ☐ 0.3 cup vegetable oil
- ☐ 1 tablespoon sugar white
- ☐ 0.3 cup citrus champagne vinegar

Equipment

Directions

☐ Place the oil, vinegar, garlic, sugar, salt and pepper into a jar with a tight fitting lid. Close the lid, and shake vigorously to blend. Use right away, or store in the refrigerator for up to two weeks.

Nutrition Facts



Properties

Glycemic Index:22.02, Glycemic Load:1.49, Inflammation Score:-1, Nutrition Score:1.4213043531484%

Flavonoids

Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 118.82kcal (5.94%), Fat: 12.12g (18.65%), Saturated Fat: 1.85g (11.55%), Carbohydrates: 2.37g (0.79%), Net Carbohydrates: 2.34g (0.85%), Sugar: 2.01g (2.23%), Cholesterol: 0mg (0%), Sodium: 195.05mg (8.48%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.07g (0.14%), Vitamin K: 22.32µg (21.25%), Vitamin E: 0.99mg (6.61%), Manganese: 0.03mg (1.28%)