



Whitfield Takes Manhattan - Cocktail Recipe



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



38 kcal

BEVERAGE

DRINK

Ingredients

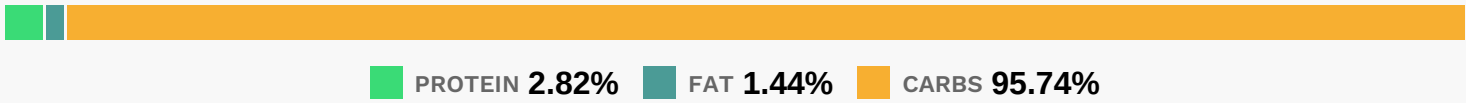
- ☐ 2 dashes angostura bitters
- ☐ 0.5 ounces cherries
- ☐ 1 serving maraschino cherries
- ☐ 0.5 ounces mirin sweet

Equipment

Directions

- ☐
- Fill a mixing glass with ice, then add Maker's 46, sweet vermouth, Cherry Heering, and bitters. Stir for 15 seconds, then strain into chilled cocktail glass.
- ☐
- Garnish with cocktail cherry and serve straight up.

Nutrition Facts



Properties

Glycemic Index:22, Glycemic Load:0.43, Inflammation Score:-1, Nutrition Score:0.39782608891635%

Flavonoids

Cyanidin: 4.28mg, Cyanidin: 4.28mg, Cyanidin: 4.28mg, Cyanidin: 4.28mg Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg Peonidin: 0.21mg, Peonidin: 0.21mg, Peonidin: 0.21mg, Peonidin: 0.21mg Catechin: 0.62mg, Catechin: 0.62mg, Catechin: 0.62mg, Catechin: 0.62mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.71mg, Epicatechin: 0.71mg, Epicatechin: 0.71mg, Epicatechin: 0.71mg Epicatechin 3–gallate: 0.01mg, Epicatechin 3–gallate: 0.01mg, Epicatechin 3–gallate: 0.01mg, Epicatechin 3–gallate: 0.01mg Isorhamnetin: 0.01mg, Isorhamnetin: 0.01mg, Isorhamnetin: 0.01mg, Isorhamnetin: 0.01mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.32mg, Quercetin: 0.32mg, Quercetin: 0.32mg, Quercetin: 0.32mg

Nutrients (% of daily need)

Calories: 38.04kcal (1.9%), Fat: 0.04g (0.06%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 5.82g (1.94%), Net Carbohydrates: 5.36g (1.95%), Sugar: 4.01g (4.46%), Cholesterol: 0mg (0%), Sodium: 0.2mg (0.01%), Alcohol: 2.25g (100%), Alcohol %: 8.06% (100%), Protein: 0.17g (0.34%), Fiber: 0.46g (1.83%), Vitamin C: 0.99mg (1.2%)