

# Whitney's Peanut Butter Cookie Balls

READY IN



45 min.

SERVINGS



24

CALORIES



229 kcal

DESSERT

## Ingredients

- 1 cup butter softened
- 2 cups powdered sugar
- 1 cup graham cracker crumbs
- 1 cup peanut butter
- 1 cup semi chocolate chips

## Equipment

## Directions

- Mix ingredients by hand, roll into balls.
- Roll or dip into the following ingredients: coconut, cocoa, sprinkles, icing sugar, graham cracker crumbs. Refrigerate. Enjoy!!!

## Nutrition Facts

**PROTEIN 5.42%** **FAT 62.43%** **CARBS 32.15%**

### Properties

Glycemic Index:5.75, Glycemic Load:2.15, Inflammation Score:-3, Nutrition Score:3.8339130930279%

### Nutrients (% of daily need)

Calories: 229.16kcal (11.46%), Fat: 16.39g (25.21%), Saturated Fat: 7.65g (47.84%), Carbohydrates: 18.98g (6.33%), Net Carbohydrates: 17.75g (6.45%), Sugar: 14.47g (16.08%), Cholesterol: 20.79mg (6.93%), Sodium: 130.95mg (5.69%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.45mg (2.15%), Protein: 3.2g (6.41%), Manganese: 0.26mg (12.87%), Magnesium: 33.62mg (8.41%), Vitamin E: 1.24mg (8.29%), Vitamin B3: 1.63mg (8.14%), Copper: 0.14mg (7.03%), Phosphorus: 65.28mg (6.53%), Fiber: 1.24g (4.94%), Vitamin A: 240.11IU (4.8%), Iron: 0.81mg (4.51%), Zinc: 0.55mg (3.66%), Potassium: 111.82mg (3.19%), Folate: 11.14µg (2.78%), Vitamin B6: 0.05mg (2.7%), Vitamin B2: 0.04mg (2.22%), Selenium: 1.23µg (1.75%), Vitamin B1: 0.03mg (1.71%), Calcium: 15.05mg (1.51%), Vitamin B5: 0.15mg (1.47%), Vitamin K: 1.23µg (1.18%)