



## Winter Drinks With Will: Hot Buttered Mai Tai



Vegetarian



Gluten Free

READY IN



10 min.

SERVINGS



4

CALORIES



256 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- ☐ 0.3 teaspoon almond extract
- ☐ 4 tablespoons butter softened
- ☐ 8 ounces rum dark
- ☐ 4 servings honey to taste
- ☐ 2 tablespoons orange zest

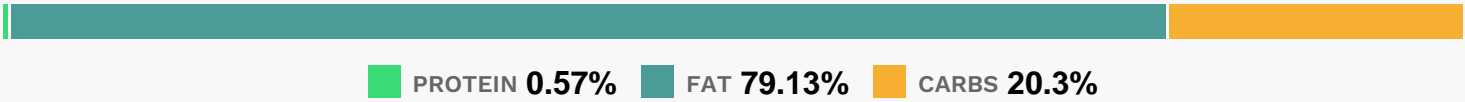
### Equipment

- ☐ bowl

# Directions

- ☐ Combine butter, zest, and almond extract in small bowl and mash with fork until well blended.
- ☐ Pour 2 ounces rum into four small coffee mugs.
- ☐ Add 1 tablespoon of the butter mixture to each. Top with just-boiled water and stir until butter is melted.
- ☐ Add honey to taste (about 2 teaspoons is normal).
- ☐ Garnish with orange twist and serve immediately.

## Nutrition Facts



## Properties

Glycemic Index:29.32, Glycemic Load:3.01, Inflammation Score:-4, Nutrition Score:1.0786956457988%

## Nutrients (% of daily need)

Calories: 256.26kcal (12.81%), Fat: 11.36g (17.48%), Saturated Fat: 7.2g (44.98%), Carbohydrates: 6.56g (2.19%), Net Carbohydrates: 6.23g (2.26%), Sugar: 5.79g (6.43%), Cholesterol: 30.1mg (10.03%), Sodium: 90.98mg (3.96%), Alcohol: 19.02g (100%), Alcohol %: 29.79% (100%), Protein: 0.19g (0.37%), Vitamin A: 362.46IU (7.25%), Vitamin C: 4.11mg (4.99%), Vitamin E: 0.33mg (2.22%), Fiber: 0.33g (1.33%)