

Winter Drinks With Will: The Dead Leaf



Vegetarian



Vegan



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



112 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

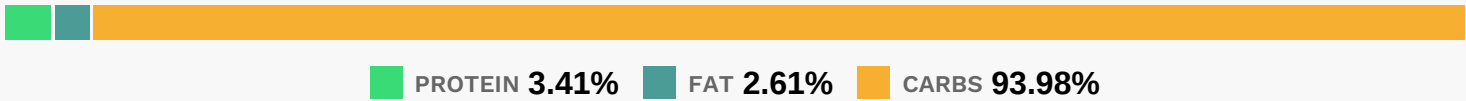
- ☐ 3 dashes angostura bitters
- ☐ 1 ounce bourbon
- ☐ 0.5 inch ginger peeled roughly chopped
- ☐ 1 tablespoon optional: lemon
- ☐ 1 inch lemon zest
- ☐ 1 ounce pears such as clear creek
- ☐ 1 serving seltzer water
- ☐ 2 cubes sugar

Equipment

Directions

- ☐
- Place ginger and sugar cubes in bottom of metal cocktail shaker and add Peychaud's bitters. Smash together with muddler until broken into a rough mash.
- ☐
- Fill shaker with ice and add bourbon, pear brandy, and lemon. Cover and shake vigorously. Strain into ice-filled highball glass. Rub rim with lemon rind and drop lemon rind into cocktail. Top off with soda water, stir gently to combine, and serve.

Nutrition Facts



Properties

Glycemic Index:162.34, Glycemic Load:2.99, Inflammation Score:-2, Nutrition Score:1.7308695614338%

Flavonoids

Cyanidin: 0.58mg, Cyanidin: 0.58mg, Cyanidin: 0.58mg, Cyanidin: 0.58mg Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg Epicatechin: 1.07mg, Epicatechin: 1.07mg, Epicatechin: 1.07mg, Epicatechin: 1.07mg Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg Eriodictyol: 3.16mg, Eriodictyol: 3.16mg, Eriodictyol: 3.16mg, Eriodictyol: 3.16mg Hesperetin: 4.13mg, Hesperetin: 4.13mg, Hesperetin: 4.13mg, Hesperetin: 4.13mg Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Luteolin: 0.28mg, Luteolin: 0.28mg, Luteolin: 0.28mg, Luteolin: 0.28mg Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 111.91kcal (5.6%), Fat: 0.12g (0.19%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 10.09g (3.36%), Net Carbohydrates: 8.46g (3.07%), Sugar: 5.69g (6.32%), Cholesterol: 0mg (0%), Sodium: 1.7mg (0.07%), Alcohol: 10.82g (100%), Alcohol %: 16.42% (100%), Protein: 0.37g (0.73%), Vitamin C: 12.51mg (15.16%), Fiber: 1.63g (6.53%), Copper: 0.05mg (2.26%), Potassium: 72.51mg (2.07%), Manganese: 0.03mg (1.56%), Vitamin B6: 0.03mg (1.52%), Magnesium: 5.06mg (1.27%), Vitamin K: 1.25µg (1.19%), Iron: 0.19mg (1.08%), Folate: 4.33µg (1.08%), Calcium: 10.43mg (1.04%)