



## Winter Herb Garden Scalloped Potatoes

READY IN



45 min.

SERVINGS



8

CALORIES



501 kcal

SIDE DISH

### Ingredients

- 0.5 cup asiago cheese grated
- 2 tablespoons butter
- 8 ounce cream cheese softened
- 3 tablespoons tomatoes dried chopped
- 2 tablespoons flour all-purpose
- 2 tablespoons chives fresh chopped
- 2 tablespoons parsley fresh chopped
- 1 teaspoon rosemary fresh chopped
- 2 garlic cloves minced

- 0.5 cup milk
- 0.5 cup parmesan cheese shredded
- 0.3 teaspoon pepper
- 0.3 cup purple onion chopped
- 6 small russet potatoes
- 1 teaspoon salt
- 2 cups whipping cream

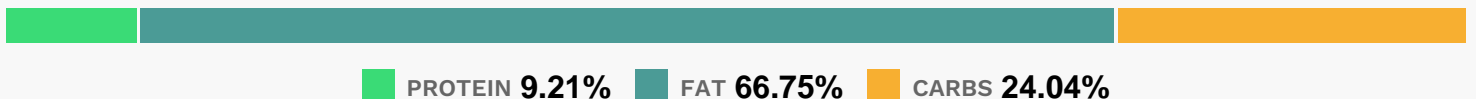
## Equipment

- frying pan
- oven
- baking pan

## Directions

- Peel potatoes, and cut into 1/8-inch-thick slices. Set aside.
- Melt butter in a large skillet over medium heat.
- Add onion, tomatoes, and garlic; saute until tender.
- Add flour, stirring until blended. Gradually add whipping cream, milk, and cream cheese, stirring until smooth. Stir in chives and next 4 ingredients; cook, stirring constantly, 3 minutes.
- Combine potatoes and cream sauce into a lightly greased 11- x 7-inch baking dish.
- Bake, covered, at 375 for 1 hour.
- Sprinkle with Asiago and Parmesan cheeses; bake, uncovered, 15 more minutes or until potato is tender.

## Nutrition Facts



## Properties

Glycemic Index:59.34, Glycemic Load:20.4, Inflammation Score:-8, Nutrition Score:13.73391311065%

## Flavonoids

Apigenin: 2.16mg, Apigenin: 2.16mg, Apigenin: 2.16mg, Apigenin: 2.16mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 0.3mg, Isorhamnetin: 0.3mg, Isorhamnetin: 0.3mg, Isorhamnetin: 0.3mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg Quercetin: 1.07mg, Quercetin: 1.07mg, Quercetin: 1.07mg, Quercetin: 1.07mg

## Nutrients (% of daily need)

Calories: 501.1kcal (25.06%), Fat: 37.97g (58.41%), Saturated Fat: 22.38g (139.88%), Carbohydrates: 30.77g (10.26%), Net Carbohydrates: 28.66g (10.42%), Sugar: 5.38g (5.98%), Cholesterol: 106.2mg (35.4%), Sodium: 644.16mg (28.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 11.78g (23.57%), Vitamin A: 1638.33IU (32.77%), Vitamin B6: 0.52mg (26.1%), Calcium: 258.57mg (25.86%), Phosphorus: 250.35mg (25.03%), Vitamin K: 24µg (22.85%), Potassium: 746.83mg (21.34%), Vitamin B2: 0.31mg (17.97%), Manganese: 0.29mg (14.33%), Vitamin C: 10.74mg (13.02%), Selenium: 8.72µg (12.45%), Magnesium: 49.15mg (12.29%), Vitamin B1: 0.17mg (11.11%), Copper: 0.18mg (9.22%), Iron: 1.65mg (9.19%), Vitamin B5: 0.88mg (8.79%), Vitamin B3: 1.74mg (8.72%), Fiber: 2.11g (8.44%), Folate: 31.7µg (7.93%), Vitamin D: 1.18µg (7.88%), Zinc: 1.14mg (7.63%), Vitamin B12: 0.39µg (6.56%), Vitamin E: 0.96mg (6.4%)