

Witch Cupcakes

Dairy Free







DESSERT

Ingredients

	1 box cake mix	yellow your favorite	(or flavor)

16 oz vanilla frosting

8 drops drop natural food coloring green

1 serving peanut butter candy pieces black assorted (licorice twists, candy corn, candy-coated peanut butter candies)

0.7 oz decorating gel black

Equipment

oven

	WIICTOCK			
	muffin liners			
Directions				
	Heat oven to 350°F (325°F for dark or nonstick pans).			
	Place paper baking cup in each of 24 regular-size muffin cups. Make and bake cake mix as directed on box for 24 cupcakes. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes.			
	Tint frosting with green food color.			
	Cut licorice twists lengthwise in half; cut each half crosswise into various lengths.			
	Frost cupcakes with frosting. Arrange licorice pieces on each cupcake for hat, candy corn for nose and peanut butter candies for eyes. Make pupils of eyes with black gel.			
Nutrition Facts				
	PROTEIN 2.02% FAT 20.82% CARBS 77.16%			

Properties

wire rack

Glycemic Index:3.96, Glycemic Load:5.53, Inflammation Score:-1, Nutrition Score:1.976521751155%

Nutrients (% of daily need)

Calories: 158.48kcal (7.92%), Fat: 3.67g (5.65%), Saturated Fat: 0.92g (5.73%), Carbohydrates: 30.61g (10.2%), Net Carbohydrates: 30.35g (11.04%), Sugar: 21.27g (23.64%), Cholesterol: Omg (0%), Sodium: 191.68mg (8.33%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 0.8g (1.6%), Phosphorus: 70.27mg (7.03%), Vitamin B2: 0.11mg (6.29%), Calcium: 46.05mg (4.6%), Folate: 16.18µg (4.05%), Vitamin B1: 0.05mg (3.45%), Vitamin E: 0.49mg (3.25%), Vitamin K: 3.08µg (2.94%), Vitamin B3: 0.54mg (2.71%), Iron: 0.48mg (2.66%), Manganese: 0.04mg (2.08%), Fiber: 0.26g (1.04%)