

Witch's Cauldron Halloween Cake Pops







ANTIPASTI

35 servings green beans black cut into 35 (2-inch) pieces

STARTER

SNACK

APPETIZER

Ingredients

i cup candy meits green
4.5 cups candy melts black
1 cup chocolate frosting (from 1-lb container)
35 servings weight cream cheese
1 box chocolate cake mix dark
35 you will also need: parchment paper
6 teaspoons shortening

Εq	Juipment
	bowl
	frying pan
	baking sheet
	oven
	microwave
	lollipop sticks
Diı	rections
	Make and bake cake mix as directed on box for 13x9-inch pan, using water, oil and eggs. Cool Line cookie sheet with waxed paper. Crumble cake into large bowl.
	Add frosting; mix well. Shape into 2-inch balls; place on cookie sheet. Freeze until firm; keep refrigerated.
	In medium microwavable bowl, microwave black candy melts and 4 teaspoons of the shortening uncovered on Medium (50%) 1 minute, then in 15–second intervals, until melted; stir until smooth. Repeat with green candy melts and remaining 2 teaspoons shortening. Dip tip of 1 lollipop stick about 1/2 inch into melted black candy and insert stick into 1 cake ball not more than halfway. Repeat. Return to cookie sheet. Refrigerate 5 minutes.
	Remove from refrigerator a few at a time. Dip cake balls in black candy (do not tap off excess).
	Place cake balls, tops down, on cookie sheet.
	Let stand until set.
	Spoon green candy onto flat side of each cake ball. Immediately attach licorice to look like handle. Poke opposite end of stick into foam block.
	Let stand until set.
Nutrition Facts	
	PROTEIN 6.3% FAT 31.8% CARBS 61.9%
	1 NOTER 0.070 171 31.070 071.370

Properties

Glycemic Index:1.31, Glycemic Load:1.08, Inflammation Score:-4, Nutrition Score:7.186521699895%

Flavonoids

Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg

Nutrients (% of daily need)

Calories: 237.45kcal (11.87%), Fat: 8.58g (13.21%), Saturated Fat: 4.96g (31.01%), Carbohydrates: 37.59g (12.53%), Net Carbohydrates: 35.41g (12.88%), Sugar: 19.89g (22.1%), Cholesterol: 1.83mg (0.61%), Sodium: 248.66mg (10.81%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 3.82g (7.65%), Vitamin K: 24.57µg (23.4%), Manganese: 0.28mg (14.16%), Vitamin B1: 0.17mg (11.07%), Folate: 42.56µg (10.64%), Selenium: 7.32µg (10.46%), Iron: 1.85mg (10.3%), Vitamin B2: 0.15mg (8.97%), Fiber: 2.18g (8.73%), Vitamin B3: 1.64mg (8.21%), Vitamin C: 6.71mg (8.13%), Phosphorus: 79.95mg (7.99%), Vitamin A: 383.12IU (7.66%), Copper: 0.13mg (6.43%), Magnesium: 24.93mg (6.23%), Potassium: 187.8mg (5.37%), Calcium: 51.83mg (5.18%), Vitamin B6: 0.09mg (4.44%), Vitamin E: 0.52mg (3.43%), Zinc: 0.4mg (2.66%), Vitamin B5: 0.16mg (1.61%)