

World's Greatest Chewy Chocolate Chip Cookies







DESSERT

Ingredients

0.5 teaspoon baking soda
0.3 cup brown sugar packed
0.5 cup butter
1 eggs
1 cup flour all-purpose

0.3 cup semi chocolate chips

0.5 teaspoon vanilla extract

0.5 cup sugar white

Equipment		
	bowl	
	baking sheet	
	oven	
Directions		
	Preheat oven to 350 degrees F (175 degrees C). Grease a cookie sheet.	
	In a medium bowl, cream together the butter, white sugar and brown sugar. Stir in the vanilla and egg.	
	Add flour and baking soda, stir until everything is just combined. Don't mix too much or the cookies won't be chewy.	
	Drop dough by tablespoonfuls onto the prepared cookie sheet.	
	Place chocolate chips onto the cookies.	
	Bake for 10 to 12 minutes in the preheated oven.	
	Remove from cookie sheet to cool on wire racks.	
Nutrition Facts		
PROTEIN 4.01% FAT 46.7% CARBS 49.29%		

Properties

Glycemic Index:10.84, Glycemic Load:7.71, Inflammation Score:-2, Nutrition Score:1.844347808672%

Nutrients (% of daily need)

Calories: 121.78kcal (6.09%), Fat: 6.39g (9.83%), Saturated Fat: 3.88g (24.24%), Carbohydrates: 15.18g (5.06%), Net Carbohydrates: 14.79g (5.38%), Sugar: 9.47g (10.52%), Cholesterol: 22.8mg (7.6%), Sodium: 75.73mg (3.29%), Alcohol: 0.04g (100%), Alcohol %: 0.18% (100%), Protein: 1.24g (2.47%), Selenium: 3.45µg (4.93%), Manganese: 0.08mg (4.18%), Vitamin B1: 0.06mg (3.77%), Folate: 14.08µg (3.52%), Vitamin A: 172.03IU (3.44%), Iron: 0.55mg (3.05%), Vitamin B2: 0.05mg (2.94%), Copper: 0.04mg (2.24%), Vitamin B3: 0.44mg (2.2%), Phosphorus: 20.48mg (2.05%), Magnesium: 6.64mg (1.66%), Fiber: 0.39g (1.55%), Vitamin E: 0.19mg (1.27%), Zinc: 0.15mg (1.02%)