

You're a Star!" Cupcakes

airy Free







DESSERT

Ingredients

	1 box cake mix white
	0.5 teaspoon almond extr

16 oz vanilla frosting

1 serving purple gel food coloring blue

0.3 cup sprinkles blue

2 oz candy coating disks chopped (almond bark)

Equipment

bowl

	oven	
	toothpicks	
	ziploc bags	
	microwave	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pans). Make, bake and cool cake mix as directed on box for 24 cupcakes, adding almond extract with the water.	
	Meanwhile, on sheet of paper, draw five-pointed star (about 2 inches wide) to use as pattern.	
	In small bowl, place half of frosting. Dip toothpick into paste food color; stir food color into frosting in bowl until color is evenly distributed and desired shade. Frost 12 cupcakes with blue frosting. Frost remaining 12 cupcakes with white frosting; sprinkle blue candy sprinkles over white cupcakes.	
	In small microwavable bowl, place candy coating. Microwave uncovered on High 30 seconds; stir until melted and smooth. If necessary, microwave 10 seconds longer.	
	Place in heavy-duty food storage plastic bag; seal bag and cut tiny hole in one bottom corner of bag.	
	Place paper star pattern under large sheet of waxed paper. Squeezing bag of candy coating, trace the star on waxed paper; move pattern under waxed paper to make 12 stars.	
	Let stars cool until set, about 5 minutes.	
	Remove stars from waxed paper; insert 1 star in each of 12 cupcakes. Store loosely covered.	
Nutrition Facts		
PROTEIN 1.98% FAT 23.14% CARBS 74.88%		

Properties

Glycemic Index:1.79, Glycemic Load:5.52, Inflammation Score:-1, Nutrition Score:2.0413043732228%

Nutrients (% of daily need)

Calories: 179.92kcal (9%), Fat: 4.62g (7.11%), Saturated Fat: 1.74g (10.85%), Carbohydrates: 33.62g (11.21%), Net Carbohydrates: 33.38g (12.14%), Sugar: 24.21g (26.89%), Cholesterol: Omg (0%), Sodium: 184.75mg (8.03%), Alcohol: 0.03g (100%), Alcohol %: 0.08% (100%), Protein: 0.89g (1.78%), Phosphorus: 76mg (7.6%), Vitamin B2:

O.1mg (6.11%), Calcium: 47.75mg (4.78%), Folate: 16.59μg (4.15%), Vitamin B1: O.05mg (3.24%), Vitamin E: O.48mg (3.18%), Vitamin K: 3.04μg (2.89%), Vitamin B3: O.56mg (2.78%), Selenium: 1.87μg (2.67%), Iron: O.45mg (2.5%), Manganese: O.04mg (2.22%)