



Yummy Brandy Butter



Vegetarian



Gluten Free



Low Fod Map

READY IN



10 min.

SERVINGS



8

CALORIES



193 kcal

BEVERAGE

DRINK

Ingredients

- 4 tablespoons brandy
- 0.3 cup brown sugar
- 0.5 cup butter softened
- 0.5 cup caster sugar



Equipment

- bowl
- plastic wrap
- ramekin

Directions

- In a medium bowl, beat the butter until it is really soft and light. Gradually blend in the castor sugar and brown sugar, then finally mix in the brandy. Spoon into a ramekin or small dish, and rough up the top. Cover with plastic wrap, and store in the refrigerator for up to 2 weeks.

Nutrition Facts

 **PROTEIN 0.28%**  **FAT 57.33%**  **CARBS 42.39%**

Properties

Glycemic Index:16.89, Glycemic Load:8.73, Inflammation Score:-2, Nutrition Score:0.65956522783507%

Nutrients (% of daily need)

Calories: 193.3kcal (9.66%), Fat: 11.55g (17.76%), Saturated Fat: 7.29g (45.58%), Carbohydrates: 19.2g (6.4%), Net Carbohydrates: 19.2g (6.98%), Sugar: 19.15g (21.28%), Cholesterol: 30.5mg (10.17%), Sodium: 93.35mg (4.06%), Alcohol: 2.51g (100%), Alcohol %: 7.73% (100%), Protein: 0.13g (0.26%), Vitamin A: 354.55IU (7.09%), Vitamin E: 0.33mg (2.19%)