



## Zucchini Cookies

READY IN



45 min.

SERVINGS



60

CALORIES



111 kcal

DESSERT

### Ingredients

- 2 teaspoons double-acting baking powder
- 1 cup butter at room temperature
- 2 large eggs
- 2.8 cups flour all-purpose
- 1 teaspoon ground cinnamon
- 0.5 cup raisins
- 1 teaspoon salt
- 1 cup semi chocolate chips
- 1.5 cups sugar

- 1 cup coconut or sweetened flaked
- 1 teaspoon vanilla extract
- 1 cup walnuts chopped
- 2 cups zucchini grated

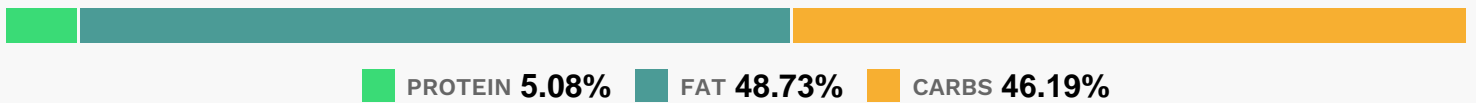
## Equipment

- bowl
- baking sheet
- oven
- whisk

## Directions

- Preheat oven to 350
- In a large bowl, cream together butter and sugar until light and fluffy. Beat in eggs and vanilla. Stir in zucchini. In a medium bowl, whisk together flour, baking powder, cinnamon, and salt.
- Add to zucchini mixture. Stir in nuts, chocolate chips, raisins, and coconut. Drop by tablespoonfuls onto buttered cookie sheets.
- Bake until lightly browned, 15 to 20 minutes, and transfer to a rack to cool. Repeat with remaining dough.

## Nutrition Facts



## Properties

Glycemic Index:6.43, Glycemic Load:7.24, Inflammation Score:-1, Nutrition Score:2.41913045878%

## Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

## Nutrients (% of daily need)

Calories: 110.82kcal (5.54%), Fat: 6.14g (9.44%), Saturated Fat: 3.17g (19.79%), Carbohydrates: 13.09g (4.36%), Net Carbohydrates: 12.28g (4.47%), Sugar: 6.8g (7.56%), Cholesterol: 14.51mg (4.84%), Sodium: 84.8mg (3.69%), Alcohol: 0.02g (100%), Alcohol %: 0.1% (100%), Protein: 1.44g (2.88%), Manganese: 0.18mg (8.81%), Selenium: 3.11µg (4.45%), Copper: 0.09mg (4.42%), Vitamin B1: 0.06mg (3.79%), Folate: 14.36µg (3.59%), Iron: 0.63mg (3.5%), Fiber: 0.81g (3.23%), Phosphorus: 31.78mg (3.18%), Magnesium: 11.79mg (2.95%), Vitamin B2: 0.05mg (2.88%), Vitamin A: 113.8IU (2.28%), Vitamin B3: 0.43mg (2.15%), Potassium: 61.2mg (1.75%), Calcium: 15.88mg (1.59%), Zinc: 0.23mg (1.54%), Vitamin B6: 0.03mg (1.32%), Vitamin C: 0.83mg (1.01%)